

# **ABRAHA SENTHURAM**

Ref:- Siddha Vaithiya Thirattu



# Ingredients:

- Biotite (Phyllosilicate mineral) Calotropis gigantean
- Potassium nitrate
- Wedelia calendulacea
- Borassus flabellifer

### **Action:**

Abraha Senthuram mediates the glucose absorption in blood by regulating the insulin secretion by pancreas. It also acts on the complications of diabetes and normalize the metabolic functions.

### Indications:

Abraha Senthuram can be prescribed for the following conditions

- Diabetes
- Irritability
- Gangrene
- Polyuria
- Fatigue

## **Dosages and direction for use:**

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
65 mg	-	-	Ghee	10 ml	Υ	Υ	Υ	-	50

Direction: - Take 65 mg of Abaraha senthuram, mix with 10 ml of ghee and consume 30 minutes before food.

#### **Diet Instructions:**

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

#### **Side Effects:**

Abraha Senthuram is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

**Note:** The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.